

1. Keep foot elevated for the first 3-4 days.
2. Use crutches for walking. Do not put any weight on the operated leg.
3. You may shower on postoperative day #2. Keep the splint and foot dry by covering with a plastic bag or plastic wrap.
4. Please schedule a follow-up appointment for first evaluation in 4-5 days; sutures will be removed 10 days following surgery.
5. If you develop a fever (101.5) or see redness or drainage from the surgical incision site or cast/splint, please call our office to arrange for an evaluation.
6. Enclosed are two prescriptions. Naprosyn, an antiinflammatory medication, should be used twice a day **with breakfast and dinner**, for the first 10 days after surgery. Vicodin, Dilaudid, or Percocet, narcotics, are to be used **as needed** for pain relief in addition to the Naprosyn.

If you have any questions, please feel free to call our office.

If you have any difficulty using an anti-inflammatory medications or aspirin, or have a history of ulcer disease, you will only use the Vicodin/Percocet/Dilaudid postoperatively.

If you find that the Naprosyn is upsetting your stomach, please call our office to review the medications.