

The Cast **MUST** Stay Dry!

If the cast gets wet, the skin underneath may become macerated and develop a fungal dermatitis that can become severe.

Moisture can either come from outside the cast or, occasionally, from excessive sweating inside the cast. In either case, the cast must be dried out.

The cast should be checked daily by feeling the padding. If it is damp or wet, use a hair drier on a **low, cool** setting to blow air under the cast until dry.

NEVER immerse the cast in water, even if it is covered with a plastic bag.

NEVER stick anything under the cast, such as a coat hanger or pencil, to scratch the skin. This could result in a severe infection.

If there are any questions please call my office 203.797.1500 x9604.